Coffee

8oz	4.0
12oz	4.5
Xtra shot	0.5
Espresso Single / Double	3.0 / 3.5
Decaf, Soy & Almond Milk	0.5
Hot Choc / Mocha / Chai Latte	4.5
Iced Coffee / Choc / Mocha / Chai	5.5

Teas - Mighty Leaf

Organic English Breakfast	4.0
Organic Hojicha Green	4.0
Organic Mint Melange	4.0
Chamomile Citrus	4.0

Smoothies - All Smoothies are Dairy Free

Greenhouse 9
Spinach, Cucumber Wheatgrass, Spirulina, Banana, Strawberries & Medjool Date

Tropicana 8.5
Australian Banana, Mango, Fresh Mint & Medjool Date

Nature's Choc Milk 8.5
Banana, Peanut Butter, Raw Cacao

Skin Rejuva 8.5
Apple, Carrot, Orange, Ginger

Cold Pressed Juice

Orange - *100% Orange*	6.5
Watermelon Crush - *Watermelon, Strawberries*	6.5
Living Green - *Kale, Lime, Green Apple, Spirulina*	6.5

Caffeine Free Ice Tea - *Ask staff for daily blend*	4.0
Water	3.0

FOOD & COFFEE
Bus Stop
BY THE SEA

Treats

Raw Treats	4.5
Banana Bread	4.0
La Paleta Ice creams	4.5

Mini's Menu

Babycino	1.0
Light and fluffy Fruit Toast	2.5
Mini Smoothies (min 2/order)	4.5

**We use wheat & nuts in our kitchen.*

All Day Menu

Life Changing Bacon & Egg Burger 13.0
Free Range Bacon, Free Range Egg, Secret Sauce, Spinach & Creamy Fetta.

Granola (GF) 12.0
Sunflower Seeds, Almonds, Macadamia Nuts, Currants, Pepitas, Dates, Pecan Nuts, Cranberries, Coconut & Puffed Millet topped w Goji & Strawberries.

Chia and Granola Bomb (GF, DF) 8.0
Chia Pudding w Coconut Milk, Vanilla, Cinnamon & Honey, topped w Berry Compote, Paleo Granola & Fresh Berries.

Lamb Pocket Rocket 13.0
100% Lamb, Seasoned, w Creamy Fetta, Spanish Onion & Rocket - topped with Tzatziki.

Nachos Naturales (V, GF) 13.0
Mexi Beans & Bell Pepper/Lime/Corriander smash over GF Tortillas topped w Guac & Fresh Salsa.

Simplicity Toastie 8.5
Ham, Swiss Cheese & Tomato. Choice of Branston Pickles, Dijon Mustard or Caramalised Onion.

Hummduk (V) 6.5
2 x Ciabatta halves topped w Hummus, Dukkha, Paprika & a splash of Balsamic Glaze.

Fruit & Nut Toast 6.0
Superb blend of Sultanas, Raisins, Apple, Cranberry, Pineapple, Walnut & more.